

# Health and Nutrition Assessment Handbook

## Standard Abbreviations and Meanings

The following contains a list of health related abbreviations for use in documentation for Missouri WIC.

*“The following contains a list of health related abbreviations for use in documentation for Missouri WIC. Standard medical credentials such as RD, LD, MD, may be abbreviated in documentation but are not included on this list.”*

<b>A</b>	
A	assessment
aa	of each
Ab	abortion
abd.	abdomen/abdominal
ac	before meals
AD	right ear
ad lib	as desired
ADD	attention deficit disorder
ADHD	attention deficit disorder with hyperactivity
ADM	administer
AEB	as evidenced by
AGA	appropriate for gestational age
AKA	also known as
a.m.	morning
amt.	amount
ante	before
appt.	appointment
ASAP	as soon as possible
ASD	atrial septal defect
aud	auditory
Avg.	average
ax.	axillary
<b>B</b>	
B	breastfeeding woman
bbtd	baby bottle tooth decay
BCG	bacille Calmette-Guerin
Bf	breastfeed/breastfeeding
bfpc	Breastfeeding peer counselor/breastfeeding peer counseling program
bid	twice a day
bkft	breakfast
BM	bowel movement
BMI	Body Mass Index
BOW	bag of water
BP	blood pressure
BS	blood sugar
Btl	bottle
BUN	blood urea nitrogen
<b>C</b>	
C	child
CA	cancer/carcinoma

# Health and Nutrition Assessment Handbook

## Standard Abbreviations and Meanings

Ca	calcium
CC	chief complaint
cho	carbohydrate
CM	case management
CNM	Certified Nurse Midwife
CNS	Certified Nurse Specialist
C/O	complains of
CO	carbon monoxide
CO2	carbon dioxide
conc	concentrate
cont	continue
COPD	chronic obstructive pulmonary disease
CP	cerebral palsy
CPR	cardiopulmonary resuscitation
C/S	caesarian section
CTX's	contractions
CV	clinic visit
CVA	cerebral vascular accident
Cx.	cervix
<b>D</b>	
d	day
D&C	dilation & curettage
D/C	discharge/discontinue
DCN	department client number
DDST	Denver developmental screening test
DFS	Division of Family Services
DM	diabetes mellitus
DME	durable medical equipment
DNKA	did not keep appointment
DO	Doctor of Osteopathy
DOB	date of birth
Dr.	doctor
DT	diphtheria and tetanus toxoids
DTP	diphtheria, tetanus, the pertussis
Dx.	diagnosis
<b>E</b>	
ebf	exclusively breastfed/breastfeeding
ebm	expressed breast milk
ed	education
EDC	estimated date of confinement
EDD	expected date of delivery
EEG	electroencephalogram
EKG/ECG	electrocardiogram
enc	encouraged
ENT	ears, nose and throat
ER	emergency room
ETOH	ethyl alcohol
eval	evaluation
exp	expiration

# Health and Nutrition Assessment Handbook

## Standard Abbreviations and Meanings

<b>F</b>	
Fa	father
FAS	fetal alcohol syndrome
fbf	fully breastfed/breastfeeding
FBS	fasting blood sugar
F&C	foams and condoms
Fe	iron
FeSO4	ferrous sulfate
FHR	fetal heart rate
fib	fibrillation
FOB	foot of bed/father of baby
FP	family planning
freq	frequent
FSH	follicle-stimulating hormone
FTE	full time employee
FTT	failure to thrive
F/U	follow-up
f/v	fruits and vegetables
fx	fracture
FYI	for your information
<b>G</b>	
GA	gestational age
G&D	growth & development
GI	gastrointestinal
gm	gram
GRFA	grandfather
GRMO	grandmother
GTT	glucose tolerance test
GU	genito-urinary
GYN	gynecology
<b>H</b>	
HC	head circumference
HCY	Healthy Children & Youth
h.s.	at bedtime
Hct.	hematocrit
Hgb.	hemoglobin
hosp	hospital
HR	High risk
hr.	hour
ht	height
ht/a	height for age
hx	history
H2O2	hydrogen peroxide
H2O	water
<b>I</b>	
I	infant
ICU	intensive care unit
IDDM	insulin dependent diabetes mellitus
ie	for example

# Health and Nutrition Assessment Handbook

## Standard Abbreviations and Meanings

ifu	infant follow-up
incont.	Incontinent
indep	independent
info	information
I&O	intake & output
IUD	intrauterine device
IUGR	intrauterine growth retardation
IV	intravenously
<b>K</b>	
K	potassium
KCl	potassium chloride
Kg.	kilogram
<b>L</b>	
l	liter
Lab/lab	laboratory
lb.	pound
LBW	low birth weight
LE	lower extremity
lg.	large
LGA	large for gestational age
Lgt/a	length for age
Lgt/wt	length for weight
liq	liquid
lm	left message
LMP	last menstrual period
Lt. or L	left
lytes	electrolytes
<b>M</b>	
m	meter/minim
M2M	Month to Month
mat	maternal
mcg	micrograms
MC+	Mohealthnet/Medicaid
MD	doctor of medicine
MDHQ	mandatory dental health questions
Mer	milk ejection reflex
MGF	maternal grandfather
MGM	maternal grandmother
MI	myocardial infraction
Min	minute
ml	milliliter
MMM	Medications and Mother's Milk (Hale)
MMR	measles, mumps, rubella vaccine
Mo	mother
mo	month
mod	moderate
MR	mental retardation
MR/DD	mental retardation/developmental disability
MS	multiple sclerosis

# Health and Nutrition Assessment Handbook

## Standard Abbreviations and Meanings

MSAFP	maternal serum alpha fetal protein test
m/v	multivitamin
MVA	motor vehicle accident
<b>N</b>	
N	nonbreastfeeding woman
Na	sodium
N/A	not applicable
NaCl	sodium chloride
neg	negative
Neuro	neurology
Neuro-surg	neuro-surgical
NICU	newborn intensive care unit
NKA	no known allergies
NP	Nurse Practitioner
NPO	nothing by mouth
NST	non stress test
Nutr	nutrition/nutritionist
N/V or N&V	nausea & vomiting
<b>O</b>	
O	objective
od	daily
OB	obstetrical/obstetrics
OC	oral contraceptives
occ	occasional
OPV	oral polio vaccine
Ortho	orthopedic
OT	occupational therapy
OTC	over the counter
OV	office visit
oz	ounce
O2	oxygen
<b>P</b>	
P	plan
PA	Physician Assistant
Pap smear	Papanicolaou smear test
PAT	Parents as Teachers
Pb	Peanut butter
Pbf	Partially breastfed/breastfeeding
pc	after meals
Ped/Peds.	pediatric
per	through, by
PGF	paternal grandfather
Pg	Pregnant/pregnancy
PGM	paternal grandmother
PHCP	primary healthcare provider
PHN	public health nurse
PID	pelvic inflammatory disease
PIH	pregnancy induced hypertension
PKU	phenylketonuria

## Health and Nutrition Assessment Handbook

### Standard Abbreviations and Meanings

pm	afternoon
PML	premature labor
PMP	previous menstrual period
PMS	premenstrual syndrome
pnv	prenatal vitamin
PO	phone order
po	by mouth
pos	positive
Pp	postpartum
prn	as needed
prep	Prepare for
PROM	premature rupture of membranes
PTE	part time employee
PT	prothrombine time/protime/physical therapy
pt	Patient/participant
p/u	pickup
Pwd	powder
<b>Q</b>	
Q	every
qh	every hour
qhs	every night at bedtime
qid	four times a day
qt	quart
q2h,q3h,etc.	every 2 hours, every 3 hours, etc.
<b>R</b>	
R or rt	right
RBC	red blood count
Rcmd	recommend
RDS	respiratory distress syndrome
re:	regarding
rec	recommended
reg	regular
rehab	rehabilitation
Rf	risk factor
RH	rhesus factor
R/O	rule out
ROI	release of information
r/s	reschedule
r/t	related to
RTC	return to clinic
RTF	ready to feed
RTU	ready to use
Rx	prescription
<b>S</b>	
S	subjective
Sa	spontaneous abortion
Sahm	stay at home mom
SE	side effects
SGA	small for gestational age

# Health and Nutrition Assessment Handbook

## Standard Abbreviations and Meanings

sm	small
SNAP	Supplemental Nutrition Assistance Program
SOB	short of breath
SP	speech pathologist
S/S	signs and symptoms
SSDI	social security disability income
SSI	social security income
SSN	social security number
ST	speech therapy
Staph	staphylococcus
STD	sexually transmitted disease
Strep	streptococcus
Sts	skin to skin
subl	sublingual
subq/SQ	subcutaneous
Svg	serving
<b>T</b>	
T&A	tonsillectomy and adenoidectomy
TAB	therapeutic abortion
tab	tablet
TB	tuberculosis
TBI	traumatic brain injury
Tbsp	tablespoon
TC	telephone call
Td	tetanus diphtheria vaccine
tid	three times a day
Temp	temperature
TO	telephone order
tol.	tolerate
tsp	teaspoon
Tx	therapy/treatment
<b>U</b>	
Ua/UA	urinalysis
US	ultrasound
USGA	ultrasound gestational age
UTI	urinary tract infection
<b>V</b>	
vag	vagina/vaginal
VBAC	vaginal birth after caesarian
Vit	vitamin when followed by specific letter
VLBW	very low birth weight
VO	verbal order
VS	vital signs
VSD	ventricular septal defect
<b>W</b>	
w/	with
WBC	white blood count
Wc	WIC Certifier
Wg	whole grain

## Health and Nutrition Assessment Handbook

### Standard Abbreviations and Meanings

WIC	Special Supplemental Nutrition Program for women, infants, and children
wk	week
WNL	within normal limits
w/o	without
Wt	weight
Wt/a	weight for age
Wt/ht	weight for height
Wt/lgt	weight for length
<b>Y</b>	
Yr	year
y/o	years old
<b>X</b>	
X	Times (2x, 3x, etc)